

Autumn/Winter Menu 2025/26 week 3	Eco Forest Ranger Monday	Allergen Friendly Tuesday (FDA)	Allergen Friendly Wednesday (FDA)	Thursday	Fun Fact Friday
CHOICE 1	Fishless Fish Finger Wrap and Waffle Fries	Spiced Chick Pea & Sweet Potato Pilaf (ve)	Pasta Neapolitan (ve)(gf)	Warm BBQ Pulled Jackfruit Baguette (ve)	Power Burger in a Bun (ve) with Oven Chipped Potatoes (ve)
CHOICE 2	Creamy Mac n Cheese (v)	Chicken Curry with Mixed Rice	Beef Bologaise with Pasta Spirls	Sizzling Chicken Stir Fry with Garlic and Ginger served with Noodles (v)	MSC Golden Crumb Fish Fingers (df) or Bubble Crumb Salmon Fillet with Oven Chipped Potatoes
CHOICE 3	Oven Baked Jacket Potato with Baked Beans (ve) or Cheese (v)	Oven Baked Jacket Potato with Baked Beans (ve) or Coleslaw (ve)	Oven Baked Jacket Potato with Baked Beans (ve) or Coleslaw (ve)	Oven Baked Jacket Potato with Baked Beans, Cheese (v) or Tuna	Oven Baked Jacket Potato with Baked Beans, Cheese (v) or Tuna
Vegetables	Garden Peas (ve) Sweetcorn (ve)	Green Beans (ve) Fresh Seasonal Carrots(ve)	Fresh Seasonal Broccoli (ve) Mixed Vegetables (ve)	Sweetcorn (ve) Roasted Organic Carrots (ve)	Baked Beans(ve) Garden Peas (ve)
Salads	Salad Selection (ve)	Salad Selection (ve)	Salad Selection (ve)	Salad Selection (ve)	Salad Selection (ve)
Desserts	Yogurt Bar(v) with Fruit Compote (ve)	Raspberry & Coconut Jelly Pot (ve)	Fruit Smoothie (ve)	Pineapple Upside Down Cake (v) and Custard (v)(ve)	Waffle Finger (v) with Slice of Fresh Fruit (ve) and Ice Cream (v)(ve)
DAILY	Cheese and Biscuits with Fresh Fruit Slice (v)	Fresh Fruit Salad (ve)	Fresh Fruit Salad (ve)	Organic Fruit Yogurt (v) with Seasonal Fresh Fruit (ve)	Organic Fruit Yogurt (v) with Seasonal Fresh Fruit (ve)
DAILY	Seasonal Fresh Fruit (ve)	Seasonal Fresh Fruit (ve)	Seasonal Fresh Fruit (ve)	Seasonal Fresh Fruit (ve)	Seasonal Fresh Fruit (ve)

Bread	Homemade Carrot & Coriandar Bread (v)	Homemade Bread (ve)	Homemade Bread (ve)	Rosemary & Cherry Tomato Focaccia (v)	Homemade Bread (v)
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